

2018 Lifespan Respite Summit

Vision for the Future

- 1.** Legislative provision to add vouchers, money and staff to support it, including dissemination, case management, marketing and public awareness.
- 2.** Petition to policy makers to increase funding for respite care, encourage higher pay for caregivers, better training and provide respite to more people. Form a group or committee to approach/lobby for this.
- 3.** Make parents aware of help that is available for kids of all ages and abilities and that asking for help is ok.
- 4.** Have the ability to fund families with all services they need without insurance denials.
- 5.** Provide trauma informed care for kinship providers.
- 6.** Educate the world about caregivers. Make a video that goes viral so that many people see it. The video would talk about how important it is to understand when you are a caregiver, respite would help, the importance of self-care and reaching out at the early stages of caregiving so we can make a bigger impact that will avert crises later on.
- 7.** Develop a two-day nature retreat for family caregivers with the first step being to find partners.
- 8.** Have monthly community gatherings for respite providers, consumers and the public (resource fairs) in every community. Gatherings could be quarterly instead of monthly.
- 9.** Form a Mason county special needs networking group. Reach out to stakeholders and promise them lunch.

- 10.** Work on getting buy in from physicians for diagnosing respite and funding respite hours as part of a treatment plan. With physicians support, Managed Care Organizations will take notice. Allow insurance to begin to support and funding for respite supports.
- 11.** Provide a central internet site for the state that will provide information on resources.
- 12.** Create program to get youth with disabilities out in the community without parent/primary caregiver to engage with members of the community outside of their disabilities. The first step would be to have the community help develop and connect organizations. Specialize in interests the clients have.
- 13.** Have a culturally directed funding pot that allows communities and neighborhoods to develop a respite support program that fits their unique community structure and resources and enables long-term respite support.
- 14.** Create a preferred Respite Provider Agency network statewide. Start in Snohomish County. Create an initial respite resource guide and website.
- 15.** Partner with Workforce Development Contractors to create on the job training to meet workforce needs.
- 16.** Provide Lifespan Respite funding across silos among groups that is available long-term or short-term. Create a cohesive plan that the LRW coalition can implement over time. Bring in consulting (if needed), make a communication plan and a strategy to execute it, have work plans regularly.
- 17.** Create a Crisis Respite Program for family caregivers to reduce and intervene when there is abuse and neglect.