<table>
<thead>
<tr>
<th>Name of Program</th>
<th>Eligibility</th>
<th>Funding and Costs</th>
<th>More Information/Contact</th>
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| Lifespan Respite Washington (adults)| Unpaid caregiver who provides 40+ hours/week of care, support.  
Caregiver or the person cared for is not enrolled in a respite or Medicaid personal care program.  
Care is provided to someone with a qualifying special need.  
18 years of age or older and needs care/supervision to:  
- Meet basic needs;  
- Prevent physical self-injury or injury to others; or  
- Avoid placement in an out-of-home, long-term care setting. | Funding Source: Grant  
Funding Amount: Limited to $1,000  
Cost to Participate: N/A | Application  
Contact: Linda Porter  
Phone: 425-740-3788  
Email: lporter@wapave.org |
| Lifespan Respite Washington (children)| Unpaid caregiver who provides 40+ hours/week of care, support.  
Caregiver or the person cared for is not enrolled in a respite or Medicaid personal care program.  
Care is provided to someone with a qualifying special need.  
Less than 18 years of age who requires care/supervision beyond what is typically required to:  
- Meet basic needs; or  
- Prevent physical self-injury or injury to others | Funding Source: Grant  
Funding Amount: Limited to $1,000 per qualifying child  
Cost to Participate: N/A | Application  
Contact: Linda Porter  
Phone: 425-740-3788  
Email: lporter@wapave.org |
| Overnight Planned Respite            | DDA enrolled individual who is at least 18 years of age or older. The individual must live in the family home or with a non-paid caregiver.  
| Funding Source: State Dollars  
Funding Amount: Up to 14 days per calendar year  
Cost to Participate: N/A | Participation does not impact assessed DDA waiver respite amounts.  
Contact: Local DDA Office and/or your assigned Case/Resource Manager |
| Dedicated Respite                   | DDA enrolled individual who is 18 years of age and younger or between the ages of 18-20 and still in school. The individual must live in the family home or with a non-paid caregiver.  
| Funding Source: Regional DDA Budgets  
Funding Amount: Varies depending on Region  
Cost to Participate: N/A | Participation does not impact assessed DDA waiver respite amounts.  
The service is only available in Regions 2 and 3.  
Contact: Local DDA Office and/or your assigned Case/Resource Manager |
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<th>Program Name</th>
<th>Description</th>
<th>Funding Details</th>
<th>Additional Information</th>
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| Enhanced Respite Services | DDA enrolled individual who is at high risk of institutionalization or out-of-home placement. Parents/primary caregivers must demonstrate that all other appropriate services have been accessed and there continues to be an unmet need. | Funding Source: State Dollars  
Funding Amount: Up to 30 days per calendar year  
Cost to Participate: N/A | There are seven beds available for this service throughout the state.  
Contact: Local DDA Office and/or your assigned Case/Resource Manager |
| DDA Home and Community Based Services Waivers | DDA enrolled individual who has been assessed as meeting ICF/IID Level of Care and has been approved for a waiver program (Basic Plus, Core, CIIBS, or IFS).  
Respite is available to primary care providers who are:  
- Family members; or  
- Nonfamily members who are not paid to provider care; or  
- Contracted companion home providers paid by DDA to support an individual; or  
- Licensed children’s foster home providers paid by DDA to support an individual | Funding Source: Waiver  
Funding Amount: IFS: annual allocation ranges from $1,200-$3,600.  
The cost of respite, and any other services, are deducted from this allocation  
Basic Plus, Core, CIIBS: assessed respite hours may be 240, 336, 432, or 528 hours per plan year.  
Cost to Participate: Individuals must have financial eligibility for waiver services | How do I apply to be a client of DDA?  
How do I request services or get additional information?  
Contact: Local DDA Office and/or your assigned Case/Resource Manager |
| Family Caregiver Support Program | Available to unpaid caregivers of adults needing care and living in Washington. The person must provide at least 40 hours/week of unpaid care. The care provider must be at least 18 years old.  
In order to qualify, the person receiving care cannot be on Medicaid. | Funding Source: Older Americans Act  
Funding Amount: varies based on TCARE assessment. Additionally, each AAA gets an allocation and determines what criteria will be used to distribute the funds.  
Cost to Participate: Sliding fee scale based on caregiver attestation of income. | Contact: Local Area Agency on Aging |
| Washington State Medicaid Transformation Waiver: Medicaid Alternative Care (MAC) | Available to unpaid caregivers at least 18 years of age who provide care to an adult age 55 or older.  
The person receiving care must live at home, be eligible for Medicaid/Apple Health, meet NF/LOC. | Funding Source: Medicaid Transformation Project Demonstration  
Funding Amount: Step One: $250/year; Step Two: $500/year; Step Three: an average of $573/month up to a cap of $3,438/six month period.  
Cost to Participate: No cost to participate. | Contact: Local Area Agency on Aging or Home and Community Services |
| Washington State Medicaid Transformation Waiver: Tailored Supports for Older Adults (TSOA) | Available to unpaid caregivers at least 18 years of age who provide care to an adult age 55 or older.  
Medicaid eligibility is not a requirement. However, income and resources of the person (and their spouse) who receive care is | Funding Source: Medicaid Transportation Project Demonstration  
Cost to Participate: No cost to participate | Contact: Local Area Agency on Aging or Home and Community Services |
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<th>Children’s Administration</th>
<th>Reviewed and subject to limitations outlined in WACs <a href="https://example.com">182-513-1635</a> and <a href="https://example.com">182-513-1640</a>.</th>
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| Retention Respite        | Licensed foster parents who have a child placed in their home for 20 days of the month, may earn up to two (2) days of respite per month. | Funding Amount: Step One: $250/year; Step Two: $500/year; Step Three: an average of $573/month up to a cap of $3,438/six month period.  
Cost to Participate: No cost to participate.  
Funding Source: Title IV-E funding or state funding  
Funding Amount: Reimbursement cost is based on the child’s current foster level. (Levels 1 and 2 at $22.44 per/day and Levels 3 and 4 at $38.76 per day)  
Cost to Participate: None.  
Contact: Assigned CA caseworker. |
| Child Specific Respite   | Licensed foster parents and kinship caregivers with a child placed under the care and custody of CA. The child’s social service specialist must specify the need for this respite in the child’s case plan. | Funding Amount: Reimbursement cost is based on the child’s current foster level. (Levels 1 and 2 at $22.44 per/day and Levels 3 and 4 at $38.76 per day; or as approved through an Exceptional Cost Plan approved by the Area Administrator)  
Cost to Participate: None.  
Contact: Assigned CA caseworker. |
| Exchange Respite         | Respite exchanged between licensed foster parents; there is no payment made by CA for this type of respite. | Funding Source: No funding allocated  
Funding Amount: No funding allocated  
Cost to Participate: NA  
While arrangements are made between licensed caregivers, assigned CA caseworker must be notified of when it is to occur for placement documentation purposes. |
| Respite Care Services and/or Foster Care Child Support Aide | This service is established for Contracted Agencies to provide Respite Care Services and/or Foster Care Child Support Aide Services upon approval by DSHS. CA must pre-authorize services. | Funding Source: Title IV-E funding or state funding  
Funding Amount: Authorized payments are made based on the allocated rate of $26.00 per hour.  
Cost to Participate: NA  
Contact assigned CA caseworker. |