With hundreds of different caregiving companies and nonprofits around the state, it is not possible to list them all. There are several agencies that have full listings of caregiving providers. Statewide, you can contact [Community Living Connections](https://www.waclc.org/consite/index.php) at 855-567-0252, and [Eldercare Locator](https://eldercare.acl.gov/Public/index.aspx) at [800-677-1116](tel:1-800-677-1116).

The Area Agencies on Ageing (AAAs) are charged with helping the elderly and people with disabilities, and they provide information and resources for caregivers, often including respite.

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| **Counties** | **Agency Name** | **Phone Numbers** |
| Clallam, Grays Harbor, Jefferson, Pacific | [Olympic Area Agency on Ageing](https://www.o3a.org/) | Clallam County 360-452-3221  Jefferson County 360-385-2552  Grays Harbor County 360-532-0520  North Pacific County 360-942-2177  South Pacific County 360-642-3634 |
| Clark, Cowlitz, Klickitat, Skamania, Wahkiakum | [Area Agency on Ageing & Disabilities of Southwest Washington](https://www.helpingelders.org/) | Clark County 360-735-5720  Cowlitz-Wahkiakum Counties 360-577-4929  Skamania County 509-427-3990  White Salmon Office 509-493-3068  Goldendale Office509-773-3757 |
| King | [Area Agency on Aging for Seattle and King County](https://www.agingkingcounty.org/) | Main Seattle Office 206-233-5121  ADS Services 844-348-5464  South King County Office 206-615-1855 |
| Pierce | [Pierce County Aging and Disability Resources](https://www.piercecountywa.gov/1986/Aging-and-Disability-Resources) | 253-798-4600 |
| Adams, Chelan, Douglas, Grant, Lincoln, Okanogan | [Aging & Adult Care of Central Washington](https://www.aaccw.org/) | Main Office 509-886-0700  East Wenatchee Office 800-572-4459  Moses Lake Office 800-572-4459  Omak Office 800-572-4459 |
| Asotin, Benton, Columbia, Franklin, Garfield, Kittitas,  Walla Walla, Yakima | [Southeast WA Aging and Long Term Care](https://www.altcwashington.com/) | Main Office 855-567-0252  Asotin County 509-758-2355  Benton-Franklin 509-735-0315  Columbia County 509-382-4787  Benton-Franklin Counties 509-735-0315  Garfield County 509-843-3563  Kittitas County 509-925-8765  Walla Walla County 509-529-6470  Upper Yakima County 509-469-0500  Lower Yakima County 509-402-0334 |
| Island, San Juan, Skagit, Whatcom | [Northwest Regional Council](https://www.nwrcwa.org/) | 360-676-6749 |
| Kitsap | [Kitsap County Division of Aging and Long-Term Care](https://www.kitsap.gov/hs/Pages/Aging-Landing.aspx) | 360-337-5700 |
| Lewis, Mason, Thurston | [Lewis-Mason-Thurston Area Agency on Aging](https://www.lmtaaa.org/) | 360-664-2168 |
| Snohomish | [Snohomish County Long-Term Care & Aging](https://snohomishcountywa.gov/430/Long-Term-Care-Aging) | 425-262-2557 |
| Ferry, Pend Oreille, Spokane, Stevens, Whitman | [Aging & Long-Term Care of Eastern WA](https://www.altcew.org/) | Main Office 509-458-2509  Helpline 509-960-7281 |

The [Developmental Disabilities Administration (DDA)](https://www.dshs.wa.gov/dda) helps individuals with developmental disabilities and their families through several resources and supports, including administration of several Medicaid waivers that provide personal care and respite services. Many DDA employees are well versed in respite options in their service area.

| **Service and Information Request** | **Phone** |
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| Chelan, Douglas. Ferry, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens | 800-319-7116 |
| Adams, Asotin, Benton, Columbia, Franklin, Garfield, Grant, Kittitas Klickitat, Walla Walla, Whitman, Yakima | 866-715-3646 |
| Island, San Juan, Skagit, Snohomish, Whatcom | 800-567-5582 |
| King | 800-974-4428 |
| Kitsap, Pierce | 800-735-6740 |
| Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum | 888-707-1202 |