Washington Lifespan Respite Coalition Logo

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Quarterly Meeting

April 23,2024

11:00-12:00

**Purpose Statement** - Organizations and individuals working together for combined action for respite services to improve the lives of unpaid family caregivers.

**National Strategies-**

Goal 1: Increase awareness & outreach.

Goal 2: Advance partnerships & engagement with family caregivers

Goal 3: Strengthen services & supports.

Goal 4: Ensure financial & workplace security.

Goal 5: Expand data, research, & EBP

<https://acl.gov/CaregiverStrategy>

<https://acl.gov/programs/support-caregivers/supporting-grandparents-raising-grandchildren-0>

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| Attendees | | | | | | | | | | | |
| Name | | Organization | | | **Name** | | Organization | | **Name** | | Organization |
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|  | |  | | |  | |  | | Rosalyn Alber  Dana Allard-Webb  Tracy Kahlo  Barb Koumjian | | Lifespan Respite WA |
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| Agenda | | | | | | | | | | | |
| Introductions, History and Mission | | | | | | | | | | | |
| 11:00-11:10 Welcome & Introductions | | | Please write your name, organization &/or if you are or were an unpaid caregiver in chat. | | | | | | | | |
|  | | | Notes | | | | | | | | |
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|  | | | Notes | | | | | | | | |
| 11:10-11:40  Add Strategies for this conversation | | | 1. What is your organization doing to increase awareness and outreach for respite opportunities? 2. What is your organization’s role regarding unpaid family caregivers? 3. What is your organization doing in regard to equity, diversity and inclusion for diverse communities? 4. What do think would be helpful to better serve unpaid family caregivers? 5. If you are an unpaid family caregiver, what unmet needs do you see? 6. Who else should be at the table?   Goal 1: Increase awareness & outreach.  Goal 2: Advance partnerships & engagement with family caregivers  Goal 3: Strengthen services & supports.  Goal 4: Ensure financial & workplace security.  Goal 5: Expand data, research, & EBP | | | | | | | | |
|  | | | Notes | | | | | | | | |
| 11:40-11:50  Overview of the new grant and the deliverables | | | Work Group Discussion Question  Regarding the National Strategies conversation, what workgroups could be developed to address the needs in the previous conversation?  Prioritize Activities (refer to doc. Work Plan WA LR Grant 10-12-23))  All tasks are tied to the National Strategies for family caregivers.    1d. Meet with diverse caregiver populations; LGBTQ2+, TBI, DD, Kinship, dementia to learn about needs and issues  2b. Partner with Area Agencies on Aging and Spanish speaking Kinship Navigators to do outreach to increase participation in LRW services.  3a. Reorganize State-Wide Coalition to include unpaid family caregivers and pay caregivers and community champions to participate. Include leadership from relevant organizations  3b. Collaborate with Tribal and other underserved communities to advance the importance of unpaid family caregivers and their need for respite and other self- care supports  4c. Survey caregivers, care receivers and service providers for needs, improvements and service gaps  4d. Meet with major WA employers to imagine respite and other benefits for their unpaid family caregiver employees | | | | | | | | |
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| 11:50-12:00  Wrap up & Next Steps | | |  | | | | | | | | |
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| Action Items | Owner(s) | Status | |
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